

Spring Summer Menu Week: Four

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Bagel & Cream Cheese	Cereal & Berries	Boiled Egg & Toast	Applesauce Muffins & Raspberries	Raisin Toast & Pears
Grain products	Bagels	Cereal	White/Brown Bread	Muffin Flower	Raisin Bread
Veggie & fruit	Fresh Apples	Frozen Berries	Fresh Melon	Fresh Raspberries, Applesauce	Fresh Pears
Milk products	Milk, Cream Cheese	Milk	Milk	Milk	Butter, Milk
Meat & Alternatives			Egg		
Other **					
Lunch Meal	Chicken Parmesan Lasagna	Burgers & Tossed Salad	Cabbage Roll Casserole	Perogies & Coleslaw	Club Wraps
Grain products	Pasta, Breading	Hamburger Buns	Rice	Pasta	Wraps
Veggie	Cucumber, Marinara Sauce	Tossed Salad	Cabbage, Boiled Peas/Corn Mix	Coleslaw, Potato	Lettuce, Tomato, Pickles
Fruit	Peaches	Mandarins	Fruit Cocktail	Fresh Watermelon	Applesauce
Milk products	Ricotta & Parmesan Cheese, Milk	Cheese, Milk	Milk	Cheese, Milk, Sour Cream	Cheese, Butter, Milk
Meat & Alternatives	Chicken	Ground Beef	Ground Beef	Bacon Crumble	Ham, Turkey, Bacon Crumble,
Other **				(made from strip bacon)	Mustard, Mayonnaise
Afternoon Snack	Rice Pudding & Arrowroots	Fruit Frozen Yogurt Cones	Cauliflower Popcorn & Hummus	Fruit Smoothies	Fruit & Veggie Platter
Grain products	Arrowroots, Rice	Cones		Fish Crackers	Premium Plus Cracker
Veggie & fruit		Fruit	Hummus, Cauliflower	Frozen Mixed Berries	Mixed Fruits & Veggies
Milk products	Pudding ingredients	Frozen Yogurt		Milk	
Meat & Alternatives					
Other **					Ranch Salad Dressing
Grain Products (2-4)	3	3	2	3	3
Veg & Fruit (2-4)	3	3	4	5	8
Milk Products (1-2)	4	5	2	4	3
Meats & Alternates (1-2)	1	1	2	1	2